RENFORTH RESOURCES INC.

Suite 269 – 1099 Kingston Road
Pickering, ON L1V 1B5
www.renforthresources.com

March 9, 2020 CSE: **RFR**
For Immediate Release

Renforth Completes Initial Metallic Screen Assays at New Alger
68% of Samples Display Nugget Effect, Give Higher Gold Values in Plus Fraction

- A total of 76 samples were selected and metallic screen assayed from the core rejects from Fall 2019 drill program
- Results from metallic screen selection demonstrate the presence of coarse gold
- 51 out of 76 samples submitted for metallic screen returned assay values from the "plus" portion of the metallic screen higher than the original fire assay values. **This includes 70.1 g/t Au in the plus fraction where the original full sample fire assay was 11.2 g/t Au, the new full sample metallic screen assay is 10.5 g/t Au.** The lower full sample values reflect the inclusion of screened, finer material of a lower grade as discussed below.

Renforth Resources Inc. (CSE – RFR) (OTC Pink – RFHRF) (WKN - A2H9TN) ("Renforth" or the "Company") is pleased to confirm, via an initial metallic screen program, the presence of coarse, or "nugget effect" gold, which, in 51 of the 76 samples tested returned a higher "plus screen" assay value than the original full sample fire assay value, as seen below.

Initial Program Observations
The results obtained in this initial program are interesting, for example;

- A sample taken from a Discovery vein drillhole, which assayed 0.22 g/t Au originally, gave 2.09 g/t Au in the plus fraction, or **2.48 g/t Au** in the combined plus and minus screens of the metallic screen. This sample was logged as greywacke. This instance illustrates that coarse gold, not visible to the eye, can occur in the Discovery Veins outside of quartz veining.
- Several samples taken, including the 70.1 g/t Au sample discussed above, demonstrate coarse gold in the plus fraction contrasted to low values in the whole Metallic Screen result (where plus and duplicate minus screens are combined), as well as the original fire assay. This clearly demonstrates a nugget effect caused as coarse, or native, gold can be smeared in the sample preparation and grinding

DDH	Sample	From m	To m	Length m	Desc	Au PLUS ppm (entire fraction FA)	Au SCRN WHOLE SAMPLE ppm	Au g/t ORIGINAL (30g FA)
REN-19-28	2427589	179.5	180.3	0.8	grwk + qz	19.85	2.42	0.61
REN-19-30	2427703	71.5	72.5	1	bt grwk + qz + py	8.85	1.25	0.46
REN-19-30	2427724	91	91.6	0.6	qz + py	10.3	3.99	1.66
REN-19-30	2427737	103.5	104.5	1	grwk	7.53	1.04	0.64
REN-19-30	2427743	109.5	111	1.5	grwk	16.2	1.92	0.51
REN-19-33	2427849	21.3	22.2	0.9	grwk + qz	9.01	1.84	0.96
REN-19-33	2427867	38	39	1	grwk + aspy	12.35	1.56	0.35
REN-19-34	2427927	54	55.5	1.5	grwk	2.09	2.48	0.22
REN-19-34	2427936	76	76.7	0.7	grwk + qz	3.38	1.06	0.63
REN-19-35	05038	215	216	1	chl mv or seds	4	2.07	1.63
REN-19-35	05039	216	216.5	0.5	ser sch + qz + Au	70.1	10.5	11.2

process, leaving it too large to pass through the 100 micron screen which the sample material is put through prior to conventional fire assay. The screen allows the fine material to pass and catches the

coarser material, which can include native gold. The Whole sample number given reflects 1 coarse "plus" sample, frequently higher grade due to coarse gold as seen above, combined with 3 "fine" samples, the results combined mathematically to yield the whole number. A convention fire assay only assays one sample of "fine" material.

- Renforth considers this limited, initial program to demonstrate that higher grade coarse gold is occurring at New Alger in lithologies where gold is anticipated, for example quartz veining, as well as where it is unexpected, such as greywacke. It is expected that in the future metallic screen assays will continue to be done in order to obtain a clearer picture of the nugget effect which conventional assay technology can not characterize accurately but which would affect any future bulk sampling or other activities.

Au Metallic Screen Results

DDH	Sample	From m	To m	Length m	Desc	Au PLUS g/t (entire fraction FA)	Au g/t SCRN WHOLE SAMPLE	Au g/t ORIGINAL (30g FA)
REN-19-28	2427503	4.1	4.7	0.6	qz + aspy	0.46	0.46	0.55
REN-19-28	2427533	46	47	1	chl grwk	0.31	0.13	0.29
REN-19-28	2427556	92.6	93.7	1.1	bt grwk + qz	-0.05	0.09	0.23
REN-19-28	2427563	99.5	101	1.5	bt grwk + aspy	0.45	0.27	0.54
REN-19-28	2427586	177.3	178	0.7	grwk + qz	1.26	0.34	0.43
REN-19-28	2427588	179	179.5	0.5	grwk + qz	0.38	0.16	0.16
REN-19-28	2427589	179.5	180.3	0.8	grwk + qz	19.85	2.42	0.61
REN-19-29	2427611	26.3	27.2	0.9	bt-chl-qz zone	1.15	0.94	0.82
REN-19-29	2427612	dup of prev				0.68	0.97	0.87
REN-19-29	2427626	38	39	1	grwk + qz + py + aspy	0.38	0.13	0.14
REN-19-29	2427627	39	39.7	0.7	grwk + qz + py + aspy	1.38	1.04	0.99
REN-19-29	2427628	39.7	41	1.3	grwk	0.29	0.22	0.17
REN-19-29	2427640	53.5	54.3	0.8	grwk + qz + py	3.49	0.3	0.34
REN-19-29	2427648	61	61.7	0.7	qz + aspy	2.2	0.53	0.56
REN-19-29	2427658	70	70.4	0.4	qz	1.68	0.4	0.31
REN-19-30	2427668	41	42	1	grwk + qz + aspy	1.27	0.9	0.59
REN-19-30	2427688	58	59.5	1.5	grwk	0.32	0.09	1.28
REN-19-30	2427698	67	68	1	grwk + minor blue qz	1.46	0.4	0.23
REN-19-30	2427703	71.5	72.5	1	bt grwk + qz + py	8.85	1.25	0.46
REN-19-30	2427724	91	91.6	0.6	qz + py	10.3	3.99	1.66
REN-19-30	2427725	dup of prev				1.06	0.93	0.7
REN-19-30	2427734	101.5	102.5	1	grwk + aspy	1.07	0.61	0.45
REN-19-30	2427736	102.5	103.5	1	grwk + qz + aspy	0.84	0.25	0.19
REN-19-30	2427737	103.5	104.5	1	grwk	7.53	1.04	0.64
REN-19-30	2427743	109.5	111	1.5	grwk	16.2	1.92	0.51
REN-19-31	2427774	45	46	1	dark grwk + qz	0.08	0.08	0.11
REN-19-31	2427775	dup of prev				0.47	0.1	0.05
REN-19-31	2427776	46	47	1	blue quartz	0.17	0.11	0.17

REN-19-31	2427777	47	47.45	0.45	bt chl sch + aspy	0.2	0.08	0.06
REN-19-31	2427778	47.45	48.1	0.65	blue quartz	0.32	0.07	0.02
REN-19-31	2427779	48.1	49	0.9	dark grwk	-0.05	-0.05	0.03
REN-19-31	2427780	49	50	1	grwk	-0.05	-0.05	0.02
REN-19-31	2427781	50	50.5	0.5	grwk + aspy	0.33	0.39	0.43
REN-19-31	2427783	50.5	51.7	1.2	grwk	0.26	0.16	0.16
REN-19-31	2427784	51.7	52.25	0.55	qz + aspy	0.26	0.2	0.3
REN-19-31	2427786	52.25	53.25	1	dark grwk + py	1.15	0.26	0.17
REN-19-31	2427787	53.25	54.25	1	grwk + qz	-0.05	0.06	0.02
REN-19-33	2427848	20.3	21.3	1	grwk + qz	1.81	0.42	0.94
REN-19-33	2427849	21.3	22.2	0.9	grwk + qz	9.01	1.84	0.96
REN-19-33	2427867	38	39	1	grwk + aspy	12.35	1.56	0.35
REN-19-33	2427871	43.5	44.5	1	grwk + aspy	0.93	0.28	0.29
REN-19-33	2427873	44.5	45.5	1	grwk + aspy	0.09	0.06	1.29
REN-19-34	2427896	4.5	5.5	1	sch grwk + qz + py	2.72	0.74	0.43
REN-19-34	2427916	34.6	35.6	1	qz + aspy	1.86	0.63	1.41
REN-19-34	2427919	37	38	1	grwk	0.41	0.09	0.36
REN-19-34	2427923	47	48	1	grwk	0.17	0.17	0.41
REN-19-34	2427924	51.5	52.5	1	bt grwk	0.31	0.18	0.09
REN-19-34	2427925	dup of prev				0.69	0.28	0.11
REN-19-34	2427926	52.5	54	1.5	grwk	-0.05	0.1	0.66
REN-19-34	2427927	54	55.5	1.5	grwk	2.09	2.48	0.22
REN-19-34	2427928	55.5	56.5	1	bt grwk + qz	0.24	-0.05	2
REN-19-34	2427933	67.4	67.7	0.3	grwk + carb-by frac	0.42	0.49	0.8
REN-19-34	2427934	75	76	1	grwk	1.16	0.12	0.02
REN-19-34	2427936	76	76.7	0.7	grwk + qz	3.38	1.06	0.63
REN-19-34	2427941	81.8	82.9	1.1	hb int vol?	1.02	0.28	0.08
REN-19-34	2427942	dup of prev				0.62	0.17	0.48
REN-19-34	2427943	82.9	83.5	0.6	hb int vol + py	1.14	1.11	1.7
REN-19-35	5037	213.5	215	1.5	chloritised dia?	-0.05	-0.05	0.02
REN-19-35	5038	215	216	1	chl mv or seds	4	2.07	1.63
REN-19-35	5039	216	216.5	0.5	ser sch + qz + Au	70.1	10.5	11.2
REN-19-35	5040	216.5	217	0.5	ser sch + qz	2.02	0.51	0.72
REN-19-35	5041	217	217.9	0.9	ser sch	0.95	0.53	0.57
REN-19-35	5042	dup of prev				0.89	0.53	0.43
REN-19-35	5043	217.9	219	1.1	tcs	-0.05	-0.05	0.01
REN-19-35	5044	219	220.5	1.5	tcs	-0.05	-0.05	0
REN-19-36	5316	350.9	351.9	1	V7 carb	-0.05	-0.05	0
REN-19-36	5317	351.9	352.55	0.65	V7 ser + py + aspy	1.45	1.81	1.88
REN-19-36	5318	352.55	352.9	0.35	V7 ser + qz + py + aspy	0.99	1.19	1.23
REN-19-36	5319	352.9	353.9	1	V7 ser + py + aspy	1.55	1.42	1.93

REN-19-36	5320	353.9	355.1	1.2	V7 ser + py + aspy	3.05	2.2	2.76
REN-19-36	5321	355.1	356.5	1.4	V7	0.32	0.21	0.27
REN-19-37	5494	321.15	322.6	1.45	v7?	0.51	0.07	0.03
REN-19-37	5496	322.6	323.6	1	v6+bt	3.01	0.81	0.6
REN-19-37	5497	323.6	324.35	0.75	v6+ser+py+aspy+po	0.46	0.24	0.34
REN-19-37	5498	324.35	325.1	0.75	v6+ser+py+po+aspy	0.46	0.25	0.18
REN-19-37	5499	325.1	326.05	0.95	M1ic	0.24	0.09	0.12

The metallic screen samples disclosed in this press release were obtained by the processing of sample rejects from the Fall 2019 drill program. Results from that program have been released, please see the press release of January 21, 2020. The sample rejects, which are the unused, crushed sample material left over from the original assay procedure in 2019, were retrieved by the program geologists by hand from the original assay laboratory, Bourlamaque Labs, and immediately delivered to ALS Labs, both in Val d'Or, Quebec. ALS completed the Metallic Screen assaying. The process consists of the sample material being ground fine and then screened through a 100 micron mesh. The material passing through (finest material) and caught by (coarser material) the mesh were assayed separately (duplicate 50g pulps being used for the fine material). A whole-sample assay is then calculated using the results from the fine and coarse samples combined. In addition to the internal QA/QC procedures of the lab duplicate samples were run in the batch and are disclosed in the table above.

Technical information in this press release was reviewed and approved by Francis R. Newton P.Geo (OGQ # 2129), a "Qualified Person" pursuant to NI 43-101.

For further information please contact:
Renforth Resources Inc.
Nicole Brewster
President and Chief Executive Officer
T:416-818-1393
E: nicole@renforthresources.com
#269 – 1099 Kingston Road, Pickering ON L1V 1B5

ABOUT RENFORTH

Renforth Resources Inc. is a Toronto-based gold exploration company with five wholly owned surface gold bearing properties located in the Provinces of Quebec and Ontario, Canada.
In Quebec Renforth holds the New Alger and Parbec properties, in the Cadillac and Malartic gold camps respectively, with gold present at surface and to some depth, located on the Cadillac Break. In both instances' additional gold bearing structures, other than the Cadillac Break, have been found on each property and require additional exploration. Renforth also holds Malartic West, contiguous to the western boundary of the Canadian Malartic Mine property, located in the Pontiac Sediments, this property is gold bearing and was the recent site of a copper discovery. In addition to this Renforth has optioned the wholly owned Denain-Pershing gold bearing property, located near Louvicourt, Quebec, to O3 Mining Inc.
In Ontario Renforth holds the Nixon-Bartleman surface gold occurrence west of Timmins Ontario, drilled, channeled and sampled over 500m – this historic property also requires additional exploration to define the extent of the mineralization.

No securities regulatory authority has approved or disapproved of the contents of this news release.

Forward Looking Statements

This news release contains forward-looking statements and information under applicable securities laws. All statements, other than statements of historical fact, are forward looking. Forward-looking statements are frequently identified by such words as 'may', 'will', 'plan', 'expect', 'believe', 'anticipate', 'estimate', 'intend' and similar words referring to future events and results. Such statements and information are based on the current

opinions and expectations of management. All forward-looking information is inherently uncertain and subject to a variety of assumptions, risks and uncertainties, including the speculative nature of mineral exploration and development, fluctuating commodity prices, the risks of obtaining necessary approvals, licenses and permits and the availability of financing, as described in more detail in the Company's securities filings available at www.sedar.com. Actual events or results may differ materially from those projected in the forward-looking statements and the reader is cautioned against placing undue reliance thereon. Forward-looking information speaks only as of the date on which it is provided and the Company assumes no obligation to revise or update these forward-looking statements except as required by applicable law.